

SECURITY & EMERGENCIES



Emergency dial:
 St. Stephens Green: 01 4022219
 Beaumont Smurfit : 01 8093700
 Beaumont Library: 01 8092110
 Sandyford: 01 4028679
 GEM Connolly: 01 6465438 / 5294
 Dardistown: 999 / 112

PPE REQUIREMENTS



- Ensure to wear the correct PPE for the job.
- Comply with PPE signage on door.
- Gloves, glasses & Lab Coats mandatory in labs.
- Remove gloves and wash hands before leaving lab.

LABORATORY HAZARDS



- Proceed in lab with caution.
- Liaise with Lab Manager/Technician at all times.
- Do not touch benches, unopened packages, chemicals, equipment etc. without authorisation.
- Follow all warning signs.
- No eating or drinking in labs.
- Wear lab coat, gloves & glasses at all times. Remove gloves and wash hands before moving on from lab.

FIRE HAZARDS



Evacuate building on hearing alarm

- Keep all exits and fire exits clear at all times.
- Be familiar with fire action notices & assembly points.
- Activate nearest break glass unit if you spot a fire.
- Close all doors on way out.
- All chemicals/paints stored as per SDS & copy SDS to Estates.
- **No smoking within 8 meters of RCSI buildings.**
- All electrical equipment is in safe condition & switched off at night time where possible.

MANUAL HANDLING



Avoid manual handling – use trolleys, pallets etc.

- Get assistance for heavy / awkward loads.
- Items to be moved on stairs or ramps to be done by min 2 persons – use lifts in preference for moving equipment.
- Lift by keeping back straight & bend knees. Refer to training.

HOUSEKEEPING



Keep work area clean & tidy at all times. Rubbish to be removed on completion of works. Clean up all spillages immediately.

- Remove trailing leads from floors.
- Store all equipment's etc. away safely & not near access / egress areas. Lock away tools and other equipment / bring with you when you leave site.

WORK AT HEIGHT



Ladders must be of industrial type & meet EN131 standard. Ladders used for short duration only.

- A ladder to be fixed or footed to ensure it is secure.
- Do not work off the top 3 steps of the ladder unless there is a platform in place.
- Alloy towers to be erected, dismantled, and altered by CSCS trained personnel only.
- All work at height equipment to be subject to weekly inspection on GA3 form.
- Tag all work at height equipment with details of last inspection.
- If fall protection is not provided or cannot be provided, consider using a fall restraint system. Only trained personnel can use this system.

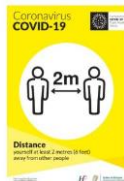
PLANT ROOM & ELECTRICAL WORK



Live electrical work must be avoided.

- Only competent persons to carry out electrical work.
- Services & equipment must be fully locked and tagged out before work commences.
- All tools must be in good condition. Use battery operated where possible.
- Compressed gas cylinders must be placed upright in trolleys and secured at all times.
- All hot works are subject to permit to work instructions.
- If isolating smoke head, inform Estates & Security in advance and arrange alternative fire alarm notification.

PHYSICAL DISTANCING



When working in RCSI building please take note of the signage on walls, posterboards, floors etc. and adhere to social distancing.
 Put in place barriers & signage around your work zone to keep others out / 2m away.
 Where social distancing cannot take place, put PPE and hygiene safety measures in place.

HYGIENE ETIQUETTE



Wash your hands often to avoid contamination.
 Hand sanitizer available in common areas through buildings.
 Hand soap is available in all bathrooms.
 Avoid as much as possible common touch points.
 Sneeze/cough in elbow or tissue & dispose in bin straight away.