



MASTER CLASS EVENT

YOUTH MENTAL HEALTH MATTERS IN THE GENERAL HOSPITAL

A Master Class for health, mental health and allied health professionals in mental health aspects of presentations to the general hospital by young people aged 15-25 years

DATE | Wednesday, 30th April 2014 **TIME** | 18:00-20:00

PLACE | Albert Theatre, Royal College of Surgeons in Ireland **COST** | Free Event



DELIVERED BY

Dr. Siobhán MacHale MB, MPhil, FRCPI, FRCPEdin, FRCPsych

Consultant Liaison Psychiatrist Beaumont Hospital Dublin



The Association of Child and Adolescent Mental Health (ACAMH) Special Interest Group in Youth Mental Health, with support from the Royal College of Surgeons in Ireland, is delighted to announce this free Master Class on the mental health aspects of general medical presentations by young people aged 15-25 years. It will examine the dynamic interaction between physical and mental health during the transitional phase from mid-adolescence to young adulthood, and how this impacts on the diagnosis and treatment of young people in general medical settings. The main focus will be on the mental health needs of young people engaged in ongoing care in the general medical setting, rather than on self harm or substance misuse which are well covered elsewhere.

MASTER CLASS OVERVIEW

During this master class, participants will be introduced to the range of medical contexts in which mental health issues can impact on the patient's health journey including

- | Mental Health Aspects of Chronic Illness and Disease
- | Physical Health Presentations among Young People with Pre-existing Mental Disorders
- | Medically Unexplained Symptoms



Recognising the challenges that medical and allied health professionals face in general medical settings, this Master Class will support participants to recognise mental health aspects of physical health presentations. It will also encourage engagement of mental health practitioners in the patient's physical health journey. Participants will be presented with some practical and useful techniques for working with young people with general medical care needs.

This event will be of interest to **medical, mental health and allied health professionals. 2 CPD points** expected.



DR. SIOBHÁN MAC HALE

Dr. Siobhán MacHale works as a General Liaison and Renal Transplant Psychiatrist at Beaumont Hospital, Dublin 9. She trained in medicine in Ireland, before moving to train and work in psychiatry in Edinburgh for 15 years. Following 7 years as a Consultant Liaison Psychiatrist in the Royal Infirmary, Edinburgh, she returned to work in Beaumont Hospital in 2006. She has always been fascinated by the art and language of mind-body medicine in her career as a Liaison Psychiatrist.



PLACES FOR THIS EVENT ARE LIMITED

To register for this free Master Class, please e-mail helencoughlan@rcsi.ie

Light refreshments will be served after the event in the Atrium, RCSI