





FSEM INAUGURAL SPRING STUDY DAY

As part of the Brukner / Khan Spring 2014 Tour
Tuesday 29th April 2014 – 3.30pm to 10pm
Venue: Houston Lecture Theatre, RCSI

FSEM is delighted to welcome back 2 of its Honorary Fellows to Ireland on Tuesday 29th April 2014!



DR PETER BRUKNEROAM, MBBS, FACSP, FASMF, FACSM, FFSEM

Peter Brukner is a specialist sports and exercise physician currently working with the Australian cricket team. Peter is the founding partner of Olympic Park Sports Medicine Centre in Melbourne and Associate Professor in Sports Medicine at the University of Melbourne. He was a founding Executive Member

of the Australasian College of Sports Physicians and served two terms as President playing a key role in the establishment of sports medicine as a medical speciality in Australia. Peter is the co-author of the widely used text book Clinical Sports Medicine and has been team physician for professional football clubs as well as national athletics, swimming, soccer and mens hockey teams including Olympic and Commonwealth Games. Peter was the Socceroos Team Doctor at the 2010 World Cup in South Africa and more recently Head of Sports Medicine and Sports Science at Liverpool Football Club.



PROF KARIM KHAN MBBS, PhD, FACSP, MBA

Karim Khan's current day job is as Director of Research and Education at the Aspetar Sports Medicine Hospital in Qatar. He is on leave from his Chair at the University of British Columbia, Vancouver, Canada. Apart from his contribution to Clinical Sports Medicine, he is probably now best

known as the Editor of the British Journal of Sports Medicine (BJSM). BJSM is recognized as the #1 influencer in Sports Medicine according to Klout. (@BJSM_BMJ has nearly 13,000 followers). In this tour with Peter Brukner, Karim will share stories from his experience with the Australian Women's Basketball team, the Australian Ballet and his international experiences working with leading sports physiotherapists and doctors. He claims to have accumulated 60 minutes of physical activity every day during 2012 and he converted to Peter Brukner's 'low-carb' diet after Wimbledon 2012. Karim had been addicted to Weet-Bix / Weetabix since the 1960s.

Programme			
3.30pm	Registration		
4pm – 6pm	Undergraduate Session		
	Chair: Dr Nick Mahony, Trinity College Dublin & FSEM Board Member		
	"Working with sporting teams – is it all fame and glamour?" Dr Peter Brukner		
	"Career development – what you can do now!" Prof Karim Khan		
	"The hip and groin controversy" Dr Peter Brukner		
	"Managing tendinopathies; skilful load management" Prof Karim Khan		
	Lectures from Prof Karim Khan and Dr Peter Brukner		
	Followed by Q&A from Students		
6pm - 7.30pm	Reception		

7.30pm - 9.30pm	Medical Practitioners & Physiotherapists Session			
	Chair: Prof Karim Khan			
	7.30pm	Prof Karim Khan "Controversies in managing tendinopathies"		
	7.55pm	Dr Andrew Franklyn-Miller "Biomechanical overload syndrome – defining a new diagnosis"		
	8.20pm	Dr Eanna Falvey "Concussion management in contact sport"		
	8.45pm	Dr Peter Brukner "Doc, I've done my groin!"		
	9.10pm	Panel Discussion (Khan/Brukner/Falvey/Franklyn-Miller) "The role of sports medicine professionals in elite teams"		
		Followed by Q&A from Delegates		

To pre-register your attendance to this event, log onto our website and return the <u>pre-registration</u> form duly completed by post, fax or e-mail: www.rcsi.ie/semspringstudyday

PLEASE NOTE THAT <u>PRE-REGISTRATION IS REQUIRED</u>

CPD approval: 2 CPD points

Event supported by McGraw-Hill Education

