





# **First Announcement and Call for Papers**

### **TENTH ANNUAL SCIENTIFIC CONFERENCE**

Faculty of Sports and Exercise Medicine, RCPI & RCSI

Friday 20<sup>th</sup> and Saturday 21<sup>st</sup> September 2013

Royal College of Surgeons in Ireland, 123 St Stephen's Green, Dublin 2

#### **Provisional Programme Friday:**

Sports and Exercise Medicine Updates in: Diabetes / Infection / Asthma / Anti-doping Thematic Session 1: "Exercise at the extremes of age" (childhood, adolescence and later life) Delegates' Scientific Session: Oral: Scientific, Sport Medicine and Clinical Case presentations Guest Lecture: 'Preparation for the 2014 Winter Olympic Games in Sochi, Russia'. Honorary conferring in the College Hall, followed by Delegates' Reception

#### **Provisional Programme Saturday:**

Thematic Session 2: "Head & Neck Injury and Illness in Athletes" (Experts Presentations from: SEM, ENT / MAXILLARY FACIAL / ORTHOPAEDIC / OPHTHALMIC) Parallel Scientific Sessions (and Workshops on delegate request):

(1) Sports Trauma, Orthopaedics & Radiology, (2) Sports and Exercise Medicine / Physical Activity & Population Health, (3) Exercise Science & Exercise Physiology

Short Presentations & Panel Discussion: Supplement use & nutritional practices of athletes

Sponsors and Poster Presentations on both Friday and Saturday

#### **Invited international Speakers:**

**Prof Bengt Saltin** (Exercise Physiologist, Denmark), **Dr David McDonagh** (IOC Medical Commission, Norway), **Prof John Nolan** (Endocrinologist, Denmark), **Prof Nicola Crabtree** (Paediatrician, UK)

#### **Invited national Speakers:**

Prof Cyril Smyth (Microbiologist, TCD), Prof Conor Burke (Professor of Medicine, UCD), Prof Leo Stassen (Professor Oral and Maxillofacial Surgery, St James' Hospital), Mr Tim Fulcher (Consultant Ophthalmic Surgeon, Mater Misericordiae Hospital), Prof Michael Walsh (Consultant ENT Surgeon, Beaumont Hospital), Mr Ashley Poynton (Consultant Trauma & Orthopaedic / Spinal Surgeon, Mater Misericordiae Hospital), Ms Ruth Wood-Martin (Performance Nutritionist, IRFU), Ms Sharon Madigan (Sports Dietician, Irish Institute of Sport), and Ms Marie Murphy (Exercise Specialist and Former Olympian).

## Delegate abstracts are invited in the following 3 categories:

- (1) Sports and Exercise related Trauma, Orthopaedics & Radiology
- (2) Sports and Exercise Medicine / Physical Activity and Population Health
  - (3) Sports and Exercise Science and Exercise Physiology

ABSTRACTS BY ON LINE SUBMISSION ONLY / PRESENTING AUTHOR MUST BE REGISTERED FOR THE CONFERENCE / MAXIMUM OF 6 AUTHORS PER ABSTRACT ONLY WILL BE ACCEPTED CLOSING DATE FOR RECEIPT OF ABSTRACTS: 31 / 07 / 2013