



RCSI

ROYAL COLLEGE OF SURGEONS IN IRELAND
COLÁISTE RÍOGA NA MÁINLEÁ IN ÉIRINN

Are you an NCHD or trainee GP working in a hospital post in Ireland?

Are you willing to discuss your perspectives on doctor burnout?

RESEARCH TEAM CONTACT DETAILS

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The aim of this study is to explore **your perspectives** on burnout in trainee doctors; from the factors contributing to burnout, to its implications for your health, patient's health and your future career intentions. The study also aims to explore your perspectives on doctor resilience; from the barriers to building resilience to your perspectives on how to increase doctor resilience to prevent burnout.

This study consists of a **face-to-face interview** with a member of our research team lasting **40 minutes**, or depending on your availability. We intend for the information you provide to inform the second phase of the study; a survey **examining burnout levels** in trainee doctors, **characteristics of resilience** and the relationship of burnout and resilience to **self reported performance, future career intentions** and **health behaviours**. Lessons learned from your experiences will also help to **raise awareness** of burnout and its implications among trainee doctors.

All information provided will be anonymised so that it cannot be linked to you in any way.

If you would like to take part in the research, please [contact us using the details above](#).

Thank you